

YOUNG ISRAEL SYNAGOGUE OF MANHATTAN

TISHA B'AV REPORTER 5786/2026

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SCHEDULE FOR TISHA B'AV 5786/2026

--All Tisha B'Av Services will be held in the Main Shul, 519 Grand Street/317 Henry Street--

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Fast begins on Wednesday, July 22 at 8:20 PM and ends on Thursday, July 23 at 9:06 PM  
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EREV TISHA B'AV, WEDNESDAY, JULY 22

MINCHA: 6:15 PM

(Note the early time to allow for the Seuda Mafsekkes meal at home before the fast.)

MAARIV – 8:50 PM followed by *Megillas Eichah*

TISHA B'AV, THURSDAY, JULY 23

Shacharis:	8:00 AM
Talis and Tefilin	1:40 PM
Mincha:	1:50 PM
Fast concludes:	9:06 PM

EREV TISHA B'AV

Since it is difficult for most people to fast after eating only a limited meal, our tradition is to have a substantial meal late in the afternoon followed by Mincha. Afterwards the “halachic *Tisha B'Av Seuda Hamafsekkes*” is eaten and completed before sunset (this year at 8:20.)

Halacha prescribes that the meal immediately preceding the fast consists only of a single cooked item (usually a hardboiled egg) with a piece of bread eaten while one sits on a low stool, similar to the first meal eaten by a mourner when beginning Shiva.

THE NINE DAYS

The Nine Days began this year on Wednesday, July 15, Rosh Chodesh Av, and the mourning intensifies as we move closer to Tisha B'Av. We do not eat meat or drink wine except on Shabbos or at a *seudas mitzvah*. Laundering clothes is forbidden, as is washing oneself for pleasure. The principle is that since only bathing for enjoyment is prohibited, one may wash with cold or lukewarm water. Daily washing of hands and face for cleanliness is always considered necessary and cold or lukewarm water may be used.

EREV TISHA B'AV and TISHA B'AV

On Erev Tisha B'Av (this year on July 22) we are accustomed to eat a full meal **before Mincha** and afterwards while sitting on a low stool, eat the *Seuda Hamafsekkes* which should consist of only one cooked item - a hardboiled egg with bread. Eating must be concluded by sunset (this year 8:20 PM). By the time we return to shul all prohibitions are in effect. We are not permitted to greet (even say “hello”). We should not wear leather shoes, wash, use oils or rubbing mixtures on ourselves, or learn Torah except for those topics specifically reserved for Tisha B'Av. Just as on Yom Kippur we must be sure that our footwear is made of no leather at all. Washing is permitted only with cold water and only up to the knuckles when arising in the morning and after using the lavatory. Deodorant is permitted. The custom of sitting on the floor or on a low stool is practiced until Thursday at noon (1:02 PM). The other prohibitions of Tisha B'Av are in effect until the stars appear at 9:06 PM Thursday night. However, since this year the day after Tisha B'Av falls on Friday erev Shabbos, bathing, cutting hair and washing clothes are permitted immediately in the morning in honor of Shabbos.

OUR FERVENT HOPE

Our Sages teach that only a people who mourns for Yerushalayim will be privileged to see its rebuilding. Let us hope that next year - or even this year - we merit to observe Tisha B'Av as a Yom Tov in Yerushalayim with the speedy arrival of *Moshiach Tzidkenu*. Amain.

TORAH CHESED APPEAL

Another Young Israel Tisha B'Av Tradition is the annual Chesed Appeal which is conducted by email. We urge you as in past years to donate to one or all of the following institutions: **Ohel Children's**

Home, P'tach, Lubavitch Youth, Chinuch Atmzoi and Bikur Cholim of the Lower East Side.

Send one check made out to the Young Israel of Manhattan which will be divided equally among all five organizations or separate checks made out to the institutions of your choice and mail to Young Israel of Manhattan, c/o Erez, 413 Grand Street, Apt. F701, NY, NY 10002. In addition, you can send your donation via Zelle to **yim225@aol.com**.

Tzedekah will hasten the final redemption.

